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CURRICULUM VITAE

Education

Ph.D., Clinical Psychology (APA Accredited; Expected Graduation – June 2019) Loma Linda University Loma Linda, California

M.A., Clinical Psychology (June 2015) Loma Linda University Loma Linda, California

M.Ed., Urban Education (May 2013)

Loyola Marymount UniversityLos Angeles, CaliforniaThesis Chair:Celia Garcia, Ed.D.Thesis:Leave Me Once Shame on You, Leave Me Twice Shame on Me:
Teacher attrition and early adolescent identity formation
Manuscript Finalist: Researcher of the Year, Loyola Marymount
University - Urban Education Symposium

B.A., Psychology, English (May 2011)

Georgetown University Washington, D.C.

Clinical Experience

Clinical Psychology Trainee (Fall 2015 – Present)

Loma Linda University Behavioral Medicine Center, Redlands, California *Supervisor: Janet Sonne, Ph.D.*

Duties on the adolescent unit of this inpatient medical center include assisting interdisciplinary team members from psychiatry, marriage and family therapy, nursing, and clinical counseling with coordination of patient care, designing and implementing psychoeducational and psychotherapeutic groups, and exposure to a wide variety of clinical cases including PTSD, mood disorders with and without psychotic features, anxiety disorders, eating disorders, substance use disorders, and relational difficulties. Specific duties include administering psychosocial assessments, leading and co-leading psychotherapeutic and psychoeducational group therapy, updating patient progress notes, and consulting with interdisciplinary treatment team. Medical center serves a diverse patient population with regards to ethnic identity, sexual orientation, and socioeconomic status.

Clinical Psychology Practicum Student (Summer 2015 – Present) Loma Linda University Behavioral Health Institute, Redlands, California *Supervisor: Jenny Lee, Psy.D. and Adam Arèchiga, CHES, CNS, Psy.D., Dr.P.H.*

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Duties in this outpatient clinic include developing treatment plans, case conceptualizations, and monitoring treatment progress for individuals and couples with a wide variety of clinical diagnoses including PTSD, mood disorders with and without psychotic features, anxiety disorders, eating disorders, relational problems, and childhood disorders. Specific duties include conducting initial intake assessments, co-administering assessment batteries, providing individual therapy, updating patient progress notes, consultation, and on-call duties. Clinic serves a diverse patient population with regards to age, ethnic identity, sexual orientation, and socioeconomic status.

Designated Institute Services Counseling Intern (Fall 2014 – Summer 2015)

Redlands Unified School District, Redlands, CA

Supervisor: Keith Drieburg, Ph.D.

Duties include creating and leading psychoeducational and psychotherapeutic groups for children ages 5 - 11 targeting emotion regulation, anger management, and conflict resolution. Specific duties include providing group and individual counseling, conducting initial interviews, administering psychosocial assessments, coordinating student treatment, and presenting treatment progress to interdisciplinary team with team members from speech therapy, physical therapy and elementary education. Major diagnoses include: autism spectrum disorder, attention deficit hyperactivity disorder, obsessive compulsive disorder, and anxiety disorders.

Assessment

Clinical Psychology Practicum Student (Summer 2015 – Present)

Loma Linda University's Behavioral Health Institute, Redlands, California *Supervisor: Grace Lee, Ph.D.*

Responsible for conducting comprehensive assessment batteries on adult patients. Duties include conducting clinical interviews, writing assessment reports, and explaining results to clients in concluding interview.

Clinical Psychology Trainee (Fall 2015 – Present)

Loma Linda University's Behavioral Medicine Center, Redlands, California *Supervisor: Janet Sonne, Ph.D.*

Responsible for conducting initial psychosocial assessments. Duties include administering behavior assessment evaluations to adolescents ages 14 - 17 and communicating diagnostic summaries of results to interdisciplinary team.

Additional Clinical Training

Certificate in Play Therapy (Fall 2014 – Present)

Loma Linda University, School of Behavioral Health, Redlands, California

Supervisor: Georgeanne Wisen-Vincent, MFT, RPT

Play therapy practicum clinical duties include conducting initial intake assessments, designing treatment plans, providing individual therapy, and updating patient progress notes for children ages 4 - 14. Clinic receives referrals for a variety of childhood diagnoses, including mood disorders, ADHD, and relational difficulties.

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Trauma-Focused Cognitive Behavioral Therapy (Fall 2015)

Medical University of South Carolina, Web-Based Training Course

Research

Research Assistant (Fall 2014 – Present)

Department of Psychology, Loma Linda University, Loma Linda, California Supervisor: Kelly Morton Ph.D.

Duties include extensive literature searches, synthesis of the literature, data analysis, administrative tasks, and familiarizing new students with their responsibilities as lab members.

Research Assistant (Winter 2013 – Present)

Department of Preventative Medicine, Loma Linda University, Loma Linda, California Supervisor: Arianne Marie-Mitchell M.D., Ph.D., MPH. Cameron Neece Ph.D. Duties include creating surveys, collecting data, conducting patient interviews, extensive literature searches, and co-facilitating pediatric interdisciplinary focus groups.

Research Assistant (July 2014, July 2015)

Operation Fit, Loma Linda University, Loma Linda, California

Supervisor: Cameron Neece, Ph.D.

Worked as a member of an interdisciplinary team with doctoral students from psychology, nutritional medicine, family medicine, and occupational therapy to help promote healthy eating and exercise habits in children with mild to moderate intellectual or developmental disabilities during a week-long research summer camp. Duties included reviewing informed consent, weighing participants, and administering pre- and postmeasures.

Senior Researcher, Master's Thesis (Fall 2012 – Spring 2013)

Department of Education, Loyola Marymount University, Los Angeles, California Supervisors: Celia Garcia, Ed.D

Designed and conducted a study exploring the effect of teacher attrition on student identity formation in an inner-city charter middle school. Duties included extensive review and synthesis of the literature, experimental design, creation of surveys, data collection, analysis using phenomenological qualitative techniques, and defense of thesis design and execution.

Teaching Experience

Teaching Assistant (Spring Quarter 2016)

Loma Linda University, Loma Linda, California

Practicum Preparation I, PSYC 721

Supervisors: David Vermeersch, Ph.D.

Responsible for running weekly laboratory sessions, providing feedback on students' recorded therapy and intake sessions, and helping students understand basic principles of

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therapy and rapport building in practice. Duties also included weekly meetings with the professor to provide input on course structure and student progress.

Teaching Assistant (Winter Quarter 2014, 2015, 2016)

Loma Linda University, Loma Linda, California

Individual and Systems Assessment, COUN 624

Supervisors: Cheryl Simpson, Ph.D.

Responsible for running weekly laboratory sessions, designing presentations, and helping students understand assessment administration and scoring. Duties also included evaluation of students' psychological assessment reports.

Teaching Assistant (Fall Quarter 2014, 2015)

Loma Linda University, Loma Linda, California

Exceptional & Medically Challenged Children, COUN 576

Supervisors: Cheryl Simpson, Ph.D.

Responsible for teaching two class periods, including designing presentations, facilitating discussion, and administering quizzes. Duties also included evaluation of student presentation and research paper, as well as assistance with foundational writing skills.

Teaching Assistant (Fall Quarter 2015)

Loma Linda University, Loma Linda, California Social Ecology of Individual and Family Development *Supervisors: Cheryl Simpson, Ph.D.*

Responsible for guest lectures, including preparing presentations, facilitating discussion, and administering quizzes. Duties also include weekly evaluation of student writing assignments and assistance with foundational writing skills.

Educator (Fall 2011 – Spring 2013)

Lou Dantzler Preparatory Middle School, Los Angeles, California

Science, History, College / Career Readiness

Taught foundational essay writing, including structure and composition, foundational study skills, and all state required learning standards for History and Science toward the end of proficient or advanced mastery of the eighth grade Science and History California Standardized Test.

Presentations and Unpublished Papers

Mathis, M., Morton, K. (2016) *Risk and Resilience after Adverse Childhood Experiences: Discrimination vs. support.* Poster presented at the American Psychological Association Convention, Denver, Colorado.

Mathis, M., Morton, K. (2016) *Depressive and Anxious Symptoms After ACE and Discrimination Exposure in Older Adults.* Poster presented at the Western Psychological Association Annual Convention, Long Beach, California.

Morton, K., Do, N., Tan, A., Dautenhahn, K. E., & Mathis, M. (2015). Trauma Exposure and

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Comorbidity in Middle to Late Adulthood: Does spiritual meaning matter? Paper presented at the Counseling and Family Science Student Research Conference, Loma Linda, California.

- Mathis, M. (2015). Parental Attachment May Moderate the Effect of Adverse Childhood Experiences on Self-Esteem. Poster presented at the Western Psychological Association Annual Convention, Las Vegas, Nevada.
- Mathis, M. (2013). Leave Me Once, Shame on You; Leave Me Twice, Shame on Me: Teacher attrition and early adolescent identity formation. (Unpublished Master's thesis). Paper presented at the Urban Education Symposium at Loyola Marymount University, Los Angeles, California.

Honors, Achievements, and Affiliations

Outstanding Division 56 Poster Award at American Psychological Association Annual Convention (2016) Selma Andrews Research Scholarship (2015) APA Student Affiliate (2015 – Present) Western Psychological Association Student Affiliate (2014 – Present) Research Excellence in Urban Education (2013) Dean's List for Academic Excellence at Loyola Marymount University (2011 – 2013) Dean's List for Academic Excellence at Georgetown University (2010 – 2011)

Volunteer Experience

Licensed Mental Health Services Provider Education Program (Winter 2015)

Office of Statewide Health Planning & Development, Sacramento, California *Supervisor: LaNia Bussey*

Served as a selection committee member for the Licensed Mental Health Services Provider (LMHSP) loan repayment program, which awards education grants to licensed mental health providers who work in underserved communities. Responsibilities include reading and scoring candidate applications to determine which applicants are most qualified to receive the education award based on current work, personal statements, and recommendation letters.

Community Academic Partners in Service, My Campus (Spring 2014 – Present)

Loma Linda University, Loma Linda, California

Supervisor: Nipher Malika

Mentor high school students representing ethnically and economically diverse backgrounds from the surrounding communities. Responsible for designing brief presentation, as well as planning and conducting individual mentoring sessions focusing on communication skills, study skills, college preparation, and self care.

A Walk to Remember (Fall, 2015)

Loma Linda University, Loma Linda, California

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Supervisor: Lindsay Daguerressar

Served as event liaison between event coordinators and participants for the annual walk. Responsible for relaying communications from event coordinators to event participants, organizing and transporting event materials, and promoting event culture among participants through engagement and service.

References

Jenny Lee, Psy.D. Department of Psychology Loma Linda University 11130 Anderson Street Loma Linda CA, 92450 Email: jecho@llu.edu

Janet Sonne, Ph.D. Behavioral Medicine Center Loma Linda University 1710 Barton Road Redlands, CA 92373 Email: jsonne@llu.edu

Georgeanne Wisen-Vincent, MFT, RPT School of Social Work Loma Linda University 11130 Anderson Street Loma Linda CA, 92450 Email: gwisen@llu.edu