PHYSICIAN SCREENING COLLECTION FORM: PREGNANT MEMBER

THIS FORM IS FOR PHYSICIAN OFFICES ONLY, NOT FOR DIRECT LAB USE

Yes

No

TO PARTICIPATING PREGNANT MEMBER: Please use this form if you are currently pregnant or had a baby within the last 12 weeks to satisfy the biometric component of your wellness program requirements. Viverae must receive values for the applicable test parameters listed at the bottom of this page in order to complete your Biometric Screening. Please complete the following contact information and follow the directions provided below. All programs are confidential and HIPAA compliant. Any information shared with the Viverae team will not be disclosed except in accordance with HIPAA laws. ALL FIELDS BELOW ARE REQUIRED.

| Participant Name: | | | Participant Employer: <u>University of Redlands</u> | | |
|---------------------------------------|-----------------------------------|------------------|--|-------------------------|--|
| Participant Date of Birth: /_ | / | Partici | ipant Phone #: | | |
| Today's Date: / | / | | | | |
| • Results must be written on this for | m and your he es: This form mu | ealth care provi | alth care provider within the last 12 m der information must be completed l ed and faxed to the Viverae Health C | below. | |
| diagnose or replace physician invo | lvement, but ro | ather to create | program offered through Viverae is and promote an atmosphere of heal mation, please call Viverae at 888-V | thy living and learning | |
| icensed Medical Professional Nar | ne: | | Phone #: | | |
| Address: | ess: | | City: | State: | |
| | | | Test Date: | | |
| Test Parameter | Value | Units | | | |
| Total Cholesterol | | mg/dL | | | |
| HDL Cholesterol | | mg/dL | | | |
| LDL Cholesterol | | mg/dL | | | |
| Triglycerides | | mg/dL | | | |
| Glucose | | mg/dL | | | |
| Systolic Blood Pressure (rest) | | mmHg | | | |
| Diastolic Blood Pressure (rest) | | mmHg | | | |
| Height | | in | | | |
| Weight | | Ibs | | | |
| Waist Circumference | | in | | | |



Fasting

You can submit your form in one of three ways: (1) upload from the Resources page on www.Redlands.edu/HealthyU (2) via fax using the number below, (3) via mail using the address below. Secure Fax: (855) 292-8662